



Ellacor:

Two weeks prior:

- Do not consume any blood thinning agents such as aspirin, ibuprofen, herbal medications.
- Avoid exposure to sun or tanning beds that could result in red, tan, peeling, or swollen skin.
- Avoid invasive and minimally invasive skin procedures in the procedure area.

Day of procedure:

- The skin on your face, chin, and neck should be free of makeup, lotions, and other skincare products.
- Wear comfortable clothes; avoid shirts with a high neck or collar.

Aftercare:

- Refrain from the following activities until your skin has fully healed and has no open wounds, and holes have closed: Shaving, waxing, makeup and skin care products, using tanning beds and sunless tanning creams; scrubbing, scratching and/or picking at the treated area(s); contact sports or any activity that could cause injury to the treated site; submerging the treated area in water such as pools, whirlpools, oceans, etc.; and activities that result in overheating, such as long exposure to hot baths, spas, or excessive exercise
- Cleanse the treated area twice daily with water and a mild facial cleanser, pat dry with a clean towel. Do not scrub the treated area.
- Follow each cleansing with a light film of petrolatum until healed
- When cleaning your skin, use a clean towel each time to pat dry, or use a paper towel and discard after each use.
- Avoid direct and prolonged sun exposure
- Do not pick or scratch the treated area
- Avoid sleeping on your face
- Wear mineral sunscreen and a hat until fully healed.